

## STOMACH SUFFERERS

MAYR'S Wonderful Remedy.  
One Dose Will Convince You.

Mayr's Wonderful Remedy is well known throughout the country. Many thousands of people have taken it for Stomach, Liver and Intestinal Ailments and report marvelous results and are highly praising it to others. Astonishing benefits sufferers have received even from one dose are heard everywhere and explain its tremendous sale to more than a million people. It rarely ever fails and those afflicted with Stomach, Liver and Intestinal Ailments, Indigestion, Gas in the Stomach and Intestines, Dizziness, Fainting Spells, Colic Attacks, Torpid Liver, Constipation, etc., should by all means try this remedy. Mayr's Wonderful Remedy gives permanent results for stomach, liver and intestinal ailments. Eat as much and whatever you like. No more distress after eating, pressure of gas in the stomach and around the heart. Get one bottle of your druggist, now and try it on an absolute guarantee—if not satisfactory money will be returned.

For sale by Baker & Hegeman Co., and all other reliable druggists.—Advt.

**CLOTHING**  
For Men Women  
Boys & Girls  
**CREDIT**  
DOWN AND 1 WEEK  
NEW STYLES  
LATEST FASHIONS  
**MICHAEL'S BROS.**  
OPEN MONDAY AND  
SAT. EVENINGS  
5TH AVE. & 9TH ST.  
BROOKLYN, N.Y.

World "Wards" Work Wonders.

HOME GYMNASIUM  
FOR WOMEN

BY PAULINE FURLONG



Readers of Miss Furlong's articles are invited to write to her, in care of The Evening World, requesting information that will aid them in following her illustrated lessons.

## FEEL YOUNG!

It's Dr. Edwards' Olive Tablets For You!

No. 59—How to Prevent Biliousness.

Bilious attacks are the result of auto-intoxication, due to putrefaction occurring in the intestines, and the only way to prevent them is by indulging in strenuous fresh air exercises, eating less food and abundant water drinking. Abstinence from all foods containing starch, sweets and fats for several days will show a marked improvement in the condition of those suffering from severe bilious attacks.

Plain lemon water, without sugar or ice, taken in the morning before breakfast and at night before retiring.

Beware of the habit of constipation. It develops from just a few constipated days, unless you take yourself in hand. Coax the jaded bowel muscles back to normal action with Dr. Edwards' Olive Tablets, the substitute for calomel. Don't force them to unnatural action with severe medicines or by merely flushing out the intestine with water, shocking cathartics. Dr. Edwards believes in gentleness, persistency and Nature's assistance. Dr. Edwards' Olive Tablets open the bowels; their action is gentle, yet positive. There is no pain, no griping or straining when Dr. Edwards' Olive Tablets are used. Just the kind of treatment old persons should have. Dr. Edwards' Olive Tablets are a vegetable compound mixed with olive oil; you will know them by their olive color. Take one or two occasionally and have no trouble with your liver, bowels or stomach. 10c and 25c per box. All druggists. The Olive Tablet Company, Columbus, O.—Advt.

perforous flesh and clearing the skin, and

"Bile is the natural purgative of the human body," according to Dr. Parry, editor Suggestion, "and in health it is formed in large quantities, daily. But the supply of bile depends upon the liquids drunk, so that if a person drinks only half the quantity required by the body then only half the normal quantity of bile can be secreted and constipation develops to the same degree in which the secretion of bile is checked or diminished."

At least two or three quarts of water should be taken each day, to insure proper action of the bowels and aid the liver and other organs in eliminating the body's waste and poisons.

All of the trunk exercises, as well as deep breathing ones, are valuable in the treatment of biliousness, and today's illustration shows another variety of the liver squeeze, which is highly effective for sluggish condition of the liver. Take your position, as shown, and place the palms of the hands over the liver and, while pressing firmly, move the flesh beneath in

circles. Do not allow the hands to slide over the flesh. Pinching and kneading the flesh in this region is also advised in the treatment of biliousness.

Letters From Evening World Readers Following Miss Furlong's Lessons.

**THIN NECK**—LILLIAN E. writes: "I have been doing your exercises to reduce and have lost seventeen pounds. I now weigh 121 pounds and am 4 feet 4 inches tall. As my hands, neck and face are too thin I will ask your advice as to how to develop them, without taking on more weight in the lower part of my body."

Chest raising will develop the muscles of the chest and shoulders and fill up the hollows in the neck. This also improves slender arms. The facial exercises were shown in the last series. Send me ten cents and repeat your question.

**BLACKHEADS AND PIMPLES**—FRANCES J. writes: "I would like to know if witch hazel and alcoh-

hol diluted will wrinkle the skin, and if so what shall I use instead, as I have many pimples and blackheads?" As wrinkles come from extremely dry skin, and pimples and blackheads from oily complexion, it is not possible for me to understand how you can be troubled with both. The alcohol and witch hazel mixture should not be diluted. Use equal parts of each. If you have fine lines around the eyes massage them with lanolin very gently, and apply the astringent mixture to the pimples and blackheads only. Use no cream when treating the skin for blackheads.

**THIN LEGS**—EDITH K. N. writes: "Will you please tell me how to massage the legs to make them plump? Mine seem to be muscle bound when I do the exercises."

Massage will not develop the legs, but any exercises which affect the muscles in them will do so. You are not muscle bound, the soreness comes from lack of or overdoing the exercises. Stair climbing, walking, bicycling, dancing, tennis and swimming will develop the leg muscles permanently.

FOMER MILK  
GRADE A

Creamy, Sweet, Clean Milk from Healthy Herds. It is Palate-Pleasing, Invigorating, Safe and Good for Everybody. It is the Medal Winning

GREAT FAMILY MILK

Daily Wagon Deliveries

Telephone Bryant 154

We cannot accept C. O. D. Orders for One Cent Sale merchandise. No Goods Delivered

AMERICA'S GREATEST DRUG STORES

No limits to purchases at this sale—Buy as much and as often as you like



## ONE CENT SALE



Thursday, Friday and Saturday **THE PLAN**—Pay us our regular price for any item mentioned in this advertisement and we will sell you another of the same kind for ONE CENT.

Liggett's  
Breakfast  
COFFEE

One Pound Package 35c  
2 POUNDS 36c

A rich blend of high-grade coffees, freshly roasted. Properly ground, ready for use in pot or percolator.



## Special Features

25c Raspberry-Currant Jam..... 2 for 26c  
25c Black Currant Jelly..... 2 for 26c  
25c Van Camp's Tomato Catsup..... 2 for 26c  
19c Liggett's Mayonnaise..... 2 for 20c  
10c Liggett's Grape Juice..... 2 for 11c  
5c Wrigley's Spearmint Gum..... 2 for 6c  
25c Violet Dulce Talcum..... 2 for 26c  
50c Turkish Towels..... 2 for 51c  
19c Borine (25c size)..... 2 for 20c  
19c Pond's Extract (25c size)..... 2 for 20c

Stock Up On  
Our Best Selling 10' Cigar

**MURAT**  
REUNDRY

One for 10c  
Two for 11c

Box 50. SPECIAL 1c Sale Price, \$2.75

## Household Needs

50c Bath Brush..... 2 for 51c  
35c Dressmakers' Scissors (8-inch Self-Sharpening)..... 2 for 36c  
5c Face Cloths..... 2 for 11c  
10c Face Cloths..... 2 for 11c  
15c Hand Brushes..... 2 for 16c  
25c Hand Brushes..... 2 for 26c  
1.00 Hair Brushes..... 2 for 1.01

\$1.00 Umbrellas..... 2 for \$1.01

25c Imported Wool Puffs..... 2 for 26c  
1.00 Imported Ivory Combs..... 2 for 1.01  
25c Ivory Combs..... 2 for 26c  
25c Ivory Handled Nail Files..... 2 for 26c  
25c Ivory Handled Cuticle Knives..... 2 for 26c  
25c Ivory Handled Shoe Horns..... 2 for 26c  
25c Ivory Handled Button Hooks..... 2 for 26c  
25c Lather Brushes..... 2 for 26c  
69c Liggett's Lather Brush..... 2 for 70c  
39c Liggett's Lather Brush..... 2 for 40c  
50c Manicure Scissors..... 2 for 51c

50c Ivory Handled Pocket Knife..... 2 for 51c

19c Nail Files..... 2 for 20c  
50c Nail Scissors..... 2 for 51c  
25c Playing Cards..... 2 for 26c  
25c Rexall Cleansing Fluid..... 2 for 26c  
25c Stork Nursing Bottle, complete with Nipples..... 2 for 26c  
19c Pkg. Sanitary Napkins..... 2 for 20c  
25c Tooth Brush..... 2 for 26c  
25c Turkish Towels..... 2 for 26c  
1.00 Turkish Towels..... 2 for 1.01  
10c Toilet Paper (Rex)..... 2 for 11c  
10c Solid Alcohol (Rockburn)..... 2 for 11c  
25c Sternau Polishing Cloth..... 2 for 26c

## Buy a Box of Chocolates for 1c

60c Boulevard Chocolates, lbs..... 2 for 61c  
50c Sunday Eve. Chocolates, lbs..... 2 for 51c  
40c Au Guth Caramels, lbs..... 2 for 41c  
5c Apollo Almond Bars..... 2 for 6c  
25c U-All-No After Dinner Mints..... 2 for 26c  
10c Repetti Caramels..... 2 for 11c

**\$5 EASTMAN KODAK**  
No. 2 Flexo Kodak, makes pictures. No focusing required. New goods, but discontinued model.  
1 for \$3 Two for \$3.01

**SHOP NOW FOR THANKSGIVING**  
SHOP NOW FOR CHRISTMAS  
The very things you need for your Thanksgiving Dinner are listed in this advertisement at half their usual price. PLUS ONE CENT. Also dozens of articles suitable for Christmas gifts. All are exactly the same as we offer you daily at regular prices.

## For the Man Who Smokes

15c Merak Cigarettes..... 2 for 16c  
10c Brown Bear Blend Tobacco 2 for 11c  
50c High Grade Briar Pipes..... 2 for 51c  
\$2.25 Duke of York Cigars, 2 Bxs. for \$2.26  
10c Florde Murat Cigars 2 for 11c

## Drugs and Patent Medicines

19c Blaud's Pills, 100's..... 2 for 20c  
15c Belladonna Plasters..... 2 for 16c  
25c Cascara Sagrada Tablets 5-gr., 100's..... 2 for 26c  
25c Kidney Plasters..... 2 for 40c  
39c Liggett's Milk of Magnesia 2 for 40c  
25c Rexall Cherry Bark Cough Syrup..... 2 for 26c  
25c Rexall Arom. Castor Oil..... 2 for 26c  
25c Rexall Carbolic Salve..... 2 for 26c  
50c Rexall Eucema Oint..... 2 for 51c  
19c Rexall Foot Powders..... 2 for 20c  
25c Rexall Headache Powd..... 2 for 26c  
25c Rexall Ko-Ko-Kas-Kets..... 2 for 26c  
39c Rexall Kidney Pills..... 2 for 40c  
85c Rexall Kidney Remedy..... 2 for 86c  
25c Rexall Little Liver Pills..... 2 for 26c  
50c Rexall Lile Treatment..... 2 for 51c  
10c Rexall Toothache Drops..... 2 for 11c  
45c Rexall Rheumatic Rem'y..... 2 for 46c  
25c Rexall Throat Pastilles..... 2 for 26c  
89c Rexall Syrup Hypophos..... 2 for 90c  
25c Rexall White Liniment..... 2 for 26c  
89c Rexall Wine Cod L. Oil..... 2 for 90c  
25c Syrup White Pine & Tar..... 2 for 26c  
10c Soda Bicarbonate, lbs..... 2 for 11c  
10c Sodamint Tablets, 100's..... 2 for 11c

## Toilet Goods

10c Imported Castile Soap..... 2 for 11c  
10c Face Chamoi..... 2 for 11c  
50c Alma Zada Face Powder..... 2 for 51c  
39c Almond Benzoin Lotion..... 2 for 40c  
25c Boquet Laurice Talcum..... 2 for 51c  
50c Box Lilac Cold Cream..... 2 for 51c  
35c Crown Face Powder..... 2 for 36c  
19c Durham Shaving Stick..... 2 for 20c  
25c Georgia Rose Talcum..... 2 for 26c  
50c Green's Massage Cream..... 2 for 51c  
50c Georgia Rose Cold Cream..... 2 for 51c  
25c Harmony Imported Soap..... 2 for 26c  
50c Chimes Toilet Waxes..... 2 for 51c  
10c H. & J. Grandwood Stks..... 2 for 11c  
25c H. & J. Emery Boards..... 2 for 26c  
15c Hanson-Jks Tooth Paste..... 2 for 16c  
50c Hanson-Jenks Perfumes..... 2 for 51c  
1.00 Hanson-Jenks Perfumes..... 2 for 1.01  
50c Intense Sachet Powder..... 2 for 51c  
10 Kirk's Jap. Rose Helio..... 2 for 11c  
25c Liggett's Nail Enamel..... 2 for 26c  
19c Liggett's Rice Powder..... 2 for 20c  
43c Madame Yale's Almond Blossom Cream..... 2 for 44c  
15c Military Tooth Powder..... 2 for 16c  
25c Pond's Cold Cream..... 2 for 26c  
20c Pond's Tooth Paste..... 2 for 21c  
25c Rexall Blemish Soap..... 2 for 26c  
25c Rexall Cream of Almonds..... 2 for 26c  
15c Rexall-Violet Talcum..... 2 for 16c  
19c Rose & Magic Nail Enamel..... 2 for 20c  
15c Tooth Brushes..... 2 for 15c  
50c Violet Dulce Face Powd..... 2 for 51c  
50c Violet Dulce Perf., 1-oz..... 2 for 51c  
50c Violet Dulce Van. Cream..... 2 for 51c  
25c Violet Talcum Powder, 14-oz tins..... 2 for 26c

## Stationery

10c Carter's Fountain Pen Ink..... 2 for 11c  
10c Carter's Black Ink..... 2 for 11c  
10c Carter's Mucilage..... 2 for 11c  
10c Carter's Photo Paste..... 2 for 11c  
10c Envelopes (XXX)..... 2 for 11c  
25c Box of Writing Paper..... 2 for 26c  
50c Symphony Lawn Writing Paper and Envelopes..... 2 for 51c  
60c Doz. Stenographers Pencils..... 2 for 61c  
10c Writing Tablets..... 2 for 11c  
25c Nonpareil Photo Albums..... 2 for 26c  
50c Nonpareil Photo Albums..... 2 for 51c

## Rubber Goods

MONOGRAM FOUNTAIN STRINGE Best rubber, seamless, 2-quart size, fitted with rapid flow tubing, shut-off and three hard rubber pipes. Guaranteed for two years.  
1 for \$1.79 2 for \$1.80  
MAXIMUM HOT WATER BOTTLE Red rubber, holds two full quarts. Guaranteed two years. Largest selling Hot Water Bottle in the world.  
1 for \$1.97 2 for \$1.98  
25c Rubber Cloves (Climax) 2 pairs for..... 40c

## Why does Instrumental Music sound so much better on Columbia Records?

WE have spoken of the great durability of Columbia Records. This is a decided advantage but, of course, secondary to their tone-producing qualities.

The Columbia Record is patented in its construction, and exclusive in the special material of which it is composed. The surface composition of these records not only resists needle-wear better than any other, but also takes a better tone-wave impression.

When it is understood that the musical quality is entirely dependent upon this impression—upon the faithfulness with which it reproduces the actual contour of the recorded tone-waves made by voices or instruments, the musical superiority of Columbia Records is explained.

You have only to hear a few Columbia band and orchestra records, a piano solo by Josef Hofmann and the playing of a violin by Eugen Ysaye, to be convinced of this tonal superiority.

That is why it is but natural for Aeolian Hall to recommend Columbia Records very heartily.

Next Subject in this paper: "Why should I prefer my Operatic Music on Columbia Records?"

## THE AEOLIAN COMPANY

AEOLIAN HALL 29 WEST 42ND STREET NEW YORK

Makers of the Aeolian-Vocalion and the famous Pianola—largest manufacturers of musical instruments in the world

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